

**Gospel of
Atheism**

THE ONLY GOD YOU NEED IS YOURSELF, PART 2, THE SUBCONSCIOUS IS BETTER THAN GOD

1 [Salvation by
atheism](#)

Your mind is far greater than you can sense. Your conscious mind is only a small part of the mind. The subconscious mind is the part of your mind that works your conscious mind but you are not aware of it. It is full of beliefs, discoveries, thoughts, feelings and memories that you are not aware of right now but are still there. For example, if you are not thinking of what you had for breakfast today the memory still exists but in your subconscious mind and not your conscious mind. People using ouija boards soon see that the subconscious can act like a separate entity. When people pray to God and feel that he has changed their feelings to make them feel better and answered their prayers it is actually the subconscious mind that has done this. You can treat your subconscious mind as a separate being greater than yourself that has the power to be your best friend if you treat it the right way. It will give you better comfort than God for you have some control over it and none over God. God might give you good feelings and incline you to be a better person but then he might take these things away from you to test you or to crush you for one of his mysterious good purposes and these purposes might be concerned with other people and not you at all. It is foolish then to seek solace in God and not in your reformed subconscious mind especially when it is a God like the Christian or Islamic one who sends sinners to endless torment in Hell without any hope of it ending. God cannot be used as a ground for self-confidence for your confidence could be destroyed by him any second.

2 [What is self-
esteem?](#)

3 [Why is self-
esteem
important?](#)

4 [How to love
yourself](#)

5 [You want to be
happy.](#)

6 [You can be
happy.](#)

7 [To love
yourself means
loving yourself
alone
ultimately.](#)

Your subconscious mind remembers everything that happens to you. You never forget anything – its still somewhere in your mind. All that happens is that you fail to recall things which is different – that just means your conscious mind is unable to get at this information but it is still there. Your subconscious mind will have beliefs and perceptions that you are not aware of. The more you put your conscious mind at peace with your subconscious the more you will get out of life. The subconscious mind realises things that you don't consciously realise. That is why you can get bad feelings about people for no reason and be proven right about them. You only use a small part of your mind – your subconscious mind is vastly more powerful than you can imagine. It is programmable. You can program it to take you out of unhappiness and insecurity to lasting contentment and enthusiasm for life.

8 [Fear is the
father of evil](#)

9 [Nobody makes
you unhappy.
but you](#)

The fact that people who pray for consolation though they won't turn to the ways of God and still get answers to prayer shows that the subconscious mind is really what is doing it for God will not comfort people to encourage sin.

10 [Let happiness
come](#)

11 [Be easy to
please](#)

Talk to your subconscious mind and ask for its blessing. Tell it you are sure it will deliver and if it doesn't it will bring you something far better. Picture that you are getting what you are asking for in your mind as if you have already got it for you are so sure of your subconscious mind's power over you. Do your part to bring about what you want. The subconscious mind is more intelligent than you can ever hope to be.

12 [You just need
to see your
worth](#)

You do not need God for your subconscious mind can take his place. Even when you believe in God and worship you do not realise what it is you are really worshipping. It is the processes in your subconscious.

13 [Egoism is the
way to go!](#)

14 [Distracted
selfishness is
your salvation](#)

You know yourself better than God who might not even exist but you cannot doubt your own existence so who better than yourself to be your own God and give meaning to your life and help you live a fulfilled life? Deep down you would rather put your happiness in your own hands than in anything outside of you for that leaves you in control and you know that even belief in God cannot make you happy unless you decide to be happy. To find happiness in God is not real happiness but a delusion for true happiness is based on reality for happiness that is not is dangerous. When a person feels so happy perhaps with drugs that they walk over a cliff that happiness is not real but a trick that leads to destruction and the subconscious mind which knows and reasons better than we ever could feels unhappy about this. Happiness that attacks your subconscious mind will not last though you may pretend to be happy when that happens.

15 [See that you
are not a
sinner](#)

16 [Be your own
person](#)

- 17 [PT 1 Only God you need is you!](#) Your subconscious mind acts like a genius inside your head. If you put evil into it, it will send evil back on you – that is where feelings of inadequacy and despondency and negative thoughts come from. To do evil is to tell it you are evil and embrace evil and to program it to be self-destructive for evil is destructive. If you hurt other people you are programming them to hurt others and you so you are telling your own subconscious mind that you are consenting to being harmed and it will oblige. To help others is primarily helping yourself. Put only good and optimistic thoughts into your mind and over time you will know happiness you never thought possible. If you put irrational beliefs like God into your mind harm will result.
- 17a [PT 2 Only God you need is you!](#)
- 18 [You have a will but it is not free in the religious sense](#) When a negative thought comes, first of all remind yourself that the thought is trying to change your feelings and thinking so that you expect the worst and give a bad performance that reduces the chance of success. Recognise that the thought is not a friend but an enemy. But do not fear it for you have the power to turn it into good. Secondly, do not try to force the thought out of your mind. Accept the thought and transform it. Rejection is violent and stressful and unpleasant and is a bad thought in itself. If the thought tells you that you will not get that job you are being interviewed for tomorrow what you do is remind yourself that you believe you are the right person for the job and why. You bring up so many positive thoughts so that the negative thought has no voice any more so that it stops speaking to you and becomes a good thought itself for it realises that it was wrong. So you gently treat the bad thought. You don't rebel against it because that is too aggressive and shows that you are afraid of yourself which is bad for self-esteem and we want you to enjoy the path to self-fulfilment. If you believe in God you will find that you have to put his will before your own so God commands this kind of violence against yourself. It is a cruel belief because it is easier and better to see why you should be positive and treat people well than to try and force yourself to live somebody else's rules that you may not understand for God has mysterious ways.
- 19 [There is no free will and we don't really want it](#)
- 20 [Belief in fate is not really that bad](#)
- 21 [Liberation and guilt](#)
- 22 [Forgiveness in the popular sense is a snare!](#) It will take a bit of time to feel comfortable about being your own God when you have been conditioned by religion but you will gain freedom. Soon you will feel uncomfortable about having anything to do with God again! You will find yourself being more drawn to people to practice this philosophy because their example and fellowship gives you strength than to people who don't.
- 23 [Hatred in a spiritual disguise](#)
- 24 [Probability not possibility is what counts](#) When you feel worried about something make a picture of yourself succeeding. Do not let yourself think that this picture is wrong. If you can't believe and feel the picture is right then you need to see your good points better. List them. List ways that will get you the best chance of obtaining your desire. You will find then that you will be able to believe and feel the picture will come true better. Have a fall back plan that is good – resolve that you would learn where you went wrong if you didn't get what you wanted. This makes everything far more positive. If you see the picture as so real and hold it in your mind every time a worry hits you, you are programming your mind to do its best to win your success.
- 25 [Using reason correctly means protecting yourself correctly](#)
- 26 [There is no God - be your own God](#) Avoid violence in your visualisations because violence is scary and is telling your mind that you want violence which is incompatible with self-love for violence can harm you. For example, if you are trying the placebo effect getting the mind to heal the body and you imagine that your immune system is kicking sickness out of your body that is bad. What you should imagine is that your immune system is sending and delivering love to the sickness so that the sickness changes into health.
- 27 [Discard the oppressive God belief](#) The more you feed your subconscious mind on kindly thoughts the more you will find you like everybody more and this results in more goodness in your mind so the sky is the limit! You will also find that strange but lovely coincidences start happening more and more for the subconscious mind in your involuntary movements and expressions influences the subconscious minds of others to sense things about you that attract them to doing good things for you. The subconscious minds pick up on little cues like they have their own language. This is all natural though its results can seem like psychic powers. So when you are happy you give off nice attractive vibes without realising.
- 28 [Belief in God undermines your self-regard](#)
- 29 [Don't condone "God's" often cruel plan](#) If you really have an immortal soul or a mind that God will bring back to life then it follows that your spirit comes before your body. This belief is false because you must put your body first. The body has to be cared for because you value the mind in it so the body comes first for it is the shell and tool of the mind. If you look good and look after yourself you will find it easier to be good because you will like yourself and you will like your life when you take care of yourself. This tells your mind that you love it and it warms to that and serves you well. To put the mind first results in
- 30 [Religion is harmful](#)

[fantasy](#)

the subconscious sending harm to you. A strong positive attitude and enthusiasm for life fights disease and can keep a dying person living a very long time so Humanism heals.

31 [Prayer is patronising](#)

Being happy is simple – it means gently but firmly changing the way you think so that what you think is self-affirming and self-accepting and optimistic – but it is not easy. But do remember that the subconscious mind does not want the evil and malice your bad thoughts infect it with for it wants to help itself and you. Survival after all is your strongest instinct. Good thoughts then are more powerful than bad thoughts. But there many be so many evil thoughts that you are not even aware of having that are haunting you secretly and unknown to yourself so it will take time to conquer them.

32 [Harm of crediting revelation](#)

33 [Miracles are a toxic belief](#)

34 [Fast inner transformation for the atheist](#)

Remember that when you list your good points you often fail to see how good you really are so when you are judging how good you must take it for granted that you are perhaps up to 20% better than you think. Feel it and know that it is certain that you are better and that you always underestimate yourself through memory loss or faulty perception or through false humility.

35 [Don't expect too much](#)

Be often aware that your subconscious mind is with you and is there to be changed into something dynamic and a force for good in your life. Feel its friendship for it is like a separate mind in your mind and it responds to that. You don't need to feel alone.

36 [Atheism in a positive way](#)

37 [Transforming your inner self](#)

If you do fail in the path to self-esteem and optimism don't worry for it is never too late to start again and be thankful that you used the path and be conscious that it blessed you or has attracted blessings to you that are yet to come. Thank your subconscious mind for your blessings and more blessings will come. Treat it as a true friend.

38 [Feeling that life is meaningful](#)



39 [Mature optimism](#)

40 [Irresponsibility of the afterlife doctrine](#)

41 [Difference between right and wrong](#)

42 [Being fair](#)

43 [Value on human life](#)

44 [Can an egoist be a martyr for others?](#)

45 [Animal rights](#)

46 [Ways of being complicit in society's evil](#)

47 [Lying and stealing](#)

48 [Gossip is a plague](#)

49 [Need for social regulation](#)

[Proper relationship of](#)

- 50 [Relationship of church and state](#)
- 51 [Value of education](#)
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- 53 [How to have a happy love life](#)
- 54 [Erotica is harmless and to be enjoyed](#)
- 55 [Overview, pillars of atheism](#)
- 55a [Essentials of atheism](#)
- 56 [About Humanism](#)
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- 58 [Atheists here are the rules if you want them!](#)
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- 60 [Making friends for humanist atheism](#)
- 61 [Spread the good news of atheistic humanism](#)
- 62 [End goal of atheistic humanism](#)
- 63 [Theorems of atheistic humanism](#)