

**Gospel of  
Atheism**

THE ONLY GOD YOU NEED IS YOURSELF, PART 1

If God exists then God comes first for he made us and loves and is perfect so every waking moment should be offered to him which means that nearly everything is a sin. It is a sin to enjoy your favourite record for you will not enjoy it much if you occupy yourself with thoughts of God. God will block your progress towards true self-esteem and the belief plays a part in all the evil you do.

When you release yourself from the burden you can say then that you are really trying to do something to improve yourself as a person.

It is important that we be sure what right and wrong are and are not. If we are not sure or very sure then criticism by other people will get to us for we wonder if they have a point. To base right and wrong on God and not on your own dignity results in you being less sure and that is why no matter how good a God based morality is basing right and wrong on the certainties that exist in you and which are you is better.

Feel inferior to nobody whatever their dignity is because as good as they seem to be they might have more of a desire to become a blood drinking tyrant than you ever could meaning you are a better person despite the things that make you feel stupid and flawed.

Many teachers tell you that you can get self-confidence by simply believing that God is looking after you. But that is more confidence in God than in yourself and you are using God as a prop. If you really had confidence you wouldn't need God. If you try to get comfort from God rather than your own resources you are programming yourself to believe and feel that you can't help yourself much so you end up need God like a drug addict needs drugs.

To say you need God is to deny that you only do what gives you pleasure which means that happiness is in your hands. Only you can decide to be happy. God is your belief that you have decided to believe which means that you have created this belief in your mind. So when you have to create God to get help from him it shows that you could do it without him and indeed should for if you really love yourself you will help yourself in the quickest most direct and simplest way there is. God and deity-based religion only get in the way of your progress and so are the cause of all the evil that is done in their name even if they say they condemn it.

There is no need for religion or God when nobody or nothing can hurt me unless I decide to use them as an excuse for hurting myself. Keep things simple. Remember that to worship God is really to worship yourself because if you create God in your fantasy then you must believe that you are better than what he is. But this is egotistic and irrational and therefore harmful. It means you secretly feel and believe on some level that you are better than everybody else which will prevent you from enjoying life properly for you will feel that it is beneath yourself to help them. If you are better than the God you make you must be better than other people for your God is better than them! Religious people propagate their faith not because they want to help other people but because they want to reproduce the flaws in them that attract them to religion in other people out of jealousy. Religion is egotism no matter how much good it may do for egotism underlies the good works.

What is the point of saying you should not make a God out of any man when men tell you what God is and wants which amounts in practice to the same thing? Do not be manipulated any more!

Turn the evil you have done into goodness by learning from it and trying to make up for it by doing a good work to make up for it and then an extra good work and this will help you deal with guilt.

Guilt is trying to punish yourself for doing wrong by making yourself feel bad. What you need is not punishing but to turn your behaviour around. Don't feel guilty but deal with evil in a positive way and remember that no evil is completely bad and has a positive side. Remember that evil is a mistake or an illness and not something to be punished for. Guilt is useless for it tries to get the attention that is best spent on doing some good works. Guilt is destructive. Guilt is doubled by the notion that God is watching you and disapproving of what you have done. Atheism saves you from that. It gives you more power to move on. God being good must necessarily disapprove and judge and his opinion matters for he is better than you. So God forces you to judge yourself and that is evil. It's not what you have done that matters but what you are going to do about it now. Self-esteem

[Salvation by  
atheism](#)

[What is self-  
esteem?](#)

[Why is self-  
esteem  
important?](#)

[How to love  
yourself](#)

[You want to be  
happy.](#)

[You can be  
happy.](#)

[To love  
yourself  
means loving  
yourself alone  
ultimately.](#)

[Fear is the  
father of evil](#)

[Nobody makes  
you unhappy.  
but you](#)

[Let happiness  
come just pave  
the way and  
trust yourself](#)

[Be easy to  
please and life  
will be better](#)

[You just need  
to see your  
worth](#)

[Egoism is the  
way to go!](#)

[Distracted  
selfishness is  
your salvation](#)

[See that you  
are not a  
sinner](#)

[Be your own](#)

16 [Be your own person](#) involves seeing yourself as your favourite person which is only right for you know nobody like yourself and nobody can do anything for your happiness but you. God should be the favourite if you believe in him so abandon belief in him.

17 [Only God you need is you! Part 1](#)  
[Only God you need is you! Part 2](#)  
If you find you don't have much energy then it is recommended that you get out of yourself. This stops you getting bored and sitting around worrying and not seeing how good you are which waste energy. Do this and your energy will build up. Laziness means you are willing to hurt yourself and others by doing nothing and it makes your mind make you feel bad.

18 [You have a will but it is not free in the religious sense](#)  
[Proof that there is no free will and we don't really want it](#)  
Be humble. Being humble does not mean you put yourself down but that you have a realistic assessment of yourself and your abilities and knowledge. Humility is actually true self-esteem because you cannot love yourself if you divorce yourself from reality for you need to know what is real to be happy, secure and successful. Without humility you would not be able to improve yourself for you will not see where you need to improve. If you are egotistical and arrogant that is a sign that you have such a bad opinion of yourself that you don't want to see where you need to improve and this is not self-love and stop yourself from really being decent and really good.

19 [Belief in fate is not really that bad](#)  
If we have a problem with worry then the very first thing we must do to deal with it is to realise that it causes pain but does no good. Unless we realise that we will never succeed in breaking the habit for that is all it is. The next thing we must realise is that worry is a bad habit and we can stop doing it. The final thing we must realise is that for each of us our happiness is in our own hands not God's.

20 [Liberation and guilt the gospel of atheism](#)  
It is irrational to say that God is all-good and all-powerful and so we should not worry for things that make one worry still happen and are still possible. We break the habit by looking at the good side of everything and by realising that we can stop the worst from being the worst and bring good out of it. We must avoid people who say things that make us worry and correct every remark that seems negative so that we are always saying positive things. We must realise that nothing is really that bad and that good is most likely to happen and when we are sad or disappointed that it is the way we react to things that makes us feel like that not the actual thing itself.

21 [Forgiveness in the popular sense is a snare!](#)  
Do not fear wealth. Work for it if you wish and welcome it. It gives you the power to help other people. Believing that money corrupts or that it is somehow wrong to be wealthy deprives you of satisfaction. Money doesn't have to be bad and believing that it is or is likely to be bad means you are programming blocks to prosperity into your consciousness. If you are afraid of money you won't want a nice job or a wealthy partner and that could lead to you becoming a loser. Teachings like, "It is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God", are harmful.

22 [Hatred in disguise the gospel of atheism overcomes it](#)  
This philosophy makes sense. We understand it and how it works. That is better than having Gods and rules we don't understand. The philosophy is better than faith for it is knowledge and even if we don't use it well we still get hope for we know it is there and we can use it to help ourselves. We can keep going even when things go terribly wrong.

23 [The importance of evidence and why probability not possibility is what counts](#)



24 [Using reason correctly means protecting yourself correctly](#)

25 [There is no God - be your own God](#)

26 [Show the oppressive God belief the](#)

[door!](#)

28 [Belief in God thrives on attacking your self-regard](#)

29 [Why it is inhuman to condone God's often cruel plan](#)

30 [Religion is fanatical superstitious and therefore harmful](#)

31 [Why prayer offends against decency.](#)

32 [Why it is bad to believe in revelation](#)

33 [Miracles are a toxic belief](#)

34 [Fast inner transformation for the atheist](#)

35 [Don't expect too much](#)

35 [Affirming atheism in a positive way.](#)

37 [Humanist meditation - transforming your inner self](#)

38 [Feeling that life is meaningful](#)

39 [On optimism - the atheist and mature optimism](#)

40 [Why there is danger and irresponsibility in the afterlife doctrine](#)

41 [Telling the difference between right](#)

[and wrong](#)

42 [Being fair](#)

43 [On value on human life](#)

44 [Can an egoist be a martyr for others?](#)

45 [Animal rights](#)

46 [Ways of being complicit in society's evil](#)

47 [Lying and stealing](#)

48 [Gossip is a plague](#)

49 [The need for social regulation](#)

50 [Proper relationship of church and state](#)

51 [The value of education](#)

52 [The evil of marriage](#)

53 [How to have a happy love life](#)

54 [Erotica is harmless and to be enjoyed](#)

55 [The bare essentials of atheism](#)

56 [About Humanism](#)

57 [Humanism is not a religion or a faith position](#)

58 [Atheists here are the rules if you want them!](#)

59 [Being an atheist or humanist in a](#)

[religious world](#)

60 [Making friends for humanist atheism](#)

61 [How we must spread the good news of atheistic humanism](#)

62 [The end goal of atheistic humanism](#)

63 [Ultimate truth - the theorems of atheistic humanism](#)