

Gospel of Atheism

PROMISE OF SALVATION

1 [Salvation by atheism](#)

Naturalism is the denial that there is such a thing as magic or gods or God or the supernatural. Atheism is disbelief or unbelief in God or gods. It implies a rejection of magic as well because a living man with magical powers would be a god in a sense. Who said you had to be dead or in Heaven to be a god?

2 [What is self-esteem?](#)

Naturalism, when correctly understood, has the ability to change and heal the world. It is the only way forward. Naturalism that concurs with all the rules of commonsense carries the key to the only real solution for all life's problems, healing of the ego. It works because it is simply love. Love means wanting to be happy and finding your happiness in others and improving their lives. It does not mean sacrifice like too many people think. You cannot respect others really and fully and rationally without pure Atheism – even one wilful evil in you defiles all the good you do for it means you only do good because you want to and not because it really is good so it is beneath your own dignity. Fake good is hypocrisy and self-deceit and is very harmful and is a magnet for evil.

3 [Why is self-esteem important?](#)

4 [How to love yourself](#)

5 [You want to be happy.](#)

6 [You can be happy.](#)

If the mind is happy and healthy the body has the best chance of being happy and healthy too. Unpleasant feelings are bad for you and happiness makes you work harder to be healthy and produces health-promoting chemicals in your body. Always look for the good in every situation and person and event and find hope and reassurance in it.

7 [To love yourself means loving yourself alone ultimately.](#)

The Gospel According to Atheism teaches secular humanism. Secular humanism is not a system of dogma or a cult or a religion. It is a form of therapy – you are not asked to believe but to try it out and test what it says. Atheism can be warm, exciting and liberating. The cold and academic image it has is an inaccurate one. When you have real wisdom in your head it does wonders for your self-esteem. It will rocket! You can't have self-esteem without thinking positive.

8 [Fear is the father of evil](#)

9 [Nobody makes you unhappy but you](#)

Nobody tells you what to think or do – that would be against the fundamental fact that you must love and worship yourself and never put anybody else over yourself. You think about what the system says for yourself and decide if it is right because if you don't think for yourself you don't have confidence in yourself and that is wrong. Our negative thinking and our personal or emotional defects all arise from a lack of commonsense. Humanism is the answer for it is just pure commonsense.

10 [Let happiness come](#)

Even simply reading this book can give you a sense of well-being and arouses healing and happy energy in your body. The book gives comfort when read frequently.

11 [Be easy to please](#)

12 [You just need to see your worth](#)

We will never be perfect but we can improve and we must be happy with ourselves and allow ourselves a healthy amount of imperfection. We should change the way our evil side manifests so that even it can benefit us. If you have a bad temper you can give the evil a new direction so that you do something bad that does you and others more good. Channel your evil into something that is a better kind of evil. For example, it is better to get yourself to relish ignoring a bad person than to let yourself lose your cool.

13 [Egoism is the way to go!](#)

We need Humanism to make us less sick.

14 [Distracted selfishness is your salvation](#)

15 [See that you are not a sinner](#)

16 [Be your own person](#)



17 [PT 1 Only God you need is you!](#) Does challenging superstition or faith protect people?
Is it mistaken to support organised religion in membership or donations?

17a [PT 2 Only God you need is you!](#) If people do good because they are human, not because God prompts them, is it right to risk giving God any credit when they alone own their good?
PH Gormley

18 [You have a will but it is not free in the religious sense](#)

19 [There is no free will and we don't really want it](#)

20 [Belief in fate is not really that bad](#)

21 [Liberation and guilt](#)

22 [Forgiveness in the popular sense is a snare!](#)

23 [Hatred in a spiritual disguise](#)

24 [Probability not possibility is what counts](#)

25 [Using reason correctly means protecting yourself correctly.](#)

26 [There is no God - be your own God](#)

27 [Discard the oppressive God belief](#)

28 [Belief in God undermines your self-regard](#)

29 [Don't condone "God's" often cruel plan](#)

30 [Religion is harmful](#)

[fantasy](#)

31 [Prayer is patronising](#)

32 [Harm of crediting revelation](#)

33 [Miracles are a toxic belief](#)

34 [Fast inner transformation for the atheist](#)

35 [Don't expect too much](#)

36 [Atheism in a positive way](#)

37 [Transforming your inner self](#)

38 [Feeling that life is meaningful](#)

39 [Mature optimism](#)

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41 [Difference between right and wrong](#)

42 [Being fair](#)

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44 [Can an egoist be a martyr for others?](#)

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48 [Gossip is a plague](#)

49 [Need for social regulation](#)

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