

**Gospel of  
Atheism**

AFFIRMATIONS

1 [Salvation by  
atheism](#)

Affirmations are assertions designed to reform your thinking and your feelings by re-programming your mind to be more positive, confident and accepting of the faults you have and those of others simply by frequent repetition. If you tell yourself something often enough you will believe it and make it come true. They can fulfil the need that often draws people to superstitious practices like prayer and spell casting. Again you must deny free will which says you are not all programmable so that you can believe you can program yourself and control your psychological future.

2 [What is self-  
esteem?](#)

3 [Why is self-  
esteem  
important?](#)

Before you fall asleep your mind is passive and relaxed and more open to being programmed by you. So before you fall asleep you can use affirmations like, "My happiness is in my hands alone and I will be happy." God has no relevance to you when you can improve yourself by conditioning your mind. Avoid that encumbrance.

4 [How to love  
yourself](#)

5 [You want to be  
happy.](#)

Some examples of beneficial affirmations follow. You could put them inside books and cases that you use frequently so that when you see them you can reinforce the programming by reading them and also trying to work up the feeling that they are working.

6 [You can be  
happy.](#)

The only thing I fear is how I will feel about bad happenings and bad people. Nobody and nothing can unnerve me unless I let them so there is nothing to fear. I am perfectly safe.

7 [To love  
yourself means  
loving yourself  
alone  
ultimately.](#)

What I believe about myself is what counts and I do not fear what others say for I am a good person and perfect in my own way.

8 [Fear is the  
father of evil](#)

I cannot fail to do good. Even when it goes wrong I still meant to get it right and so I love myself for I am the most important and wonderful person in my life.

9 [Nobody makes  
you unhappy.  
but you](#)

Everything that happens to me is helpful to me. I can make advantages out of anything and I feel safe.

10 [Let happiness  
come](#)

I deserve nothing but blessings and I will take all the blessings that come and because I love myself they will come and keep coming and this love makes others cherish me and shower blessings on me for because I love myself I value everyone I meet.

11 [Be easy to  
please](#)

I am loved and I am cherished by all for even human evil is just unbalanced love and a mistake of the essence of misperception so everybody loves me and I love everybody and wish them every success.

12 [You just need  
to see your  
worth](#)

I have no faults and I am perfect even if others cannot see it for any faults are the way I am made and are not my faults and nobody else's are theirs' so there is nothing to forgive or be angry about.

13 [Egoism is the  
way to go!](#)

I am my God and there is no other and I make my own Heaven by feeding on love for this God I see in the mirror every morning.

14 [Distracted  
selfishness is  
your salvation](#)



15 [See that you  
are not a  
sinner](#)

16 [Be your own  
person](#)

PT 1 Only God

17 you need is  
you!

PT 2 Only God

17a you need is  
you!

18 You have a  
will but it is  
not free in the  
religious sense

19 There is no  
free will and  
we don't really  
want it

20 Belief in fate  
is not really  
that bad

21 Liberation and  
guilt

22 Forgiveness in  
the popular  
sense is a  
snare!

23 Hatred in a  
spiritual  
disguise

24 Probability not  
possibility is  
what counts

25 Using reason  
correctly  
means  
protecting  
yourself  
correctly

26 There is no  
God - be your  
own God

27 Discard the  
oppressive  
God belief

28 Belief in God  
undermines  
your self-  
regard

29 Don't condone  
"God's" often  
cruel plan

30 Religion is  
harmful

[fantasy](#)

31 [Prayer is patronising](#)

32 [Harm of crediting revelation](#)

33 [Miracles are a toxic belief](#)

34 [Fast inner transformation for the atheist](#)

35 [Don't expect too much](#)

36 [Atheism in a positive way](#)

37 [Transforming your inner self](#)

38 [Feeling that life is meaningful](#)

39 [Mature optimism](#)

40 [Irresponsibility of the afterlife doctrine](#)

41 [Difference between right and wrong](#)

42 [Being fair](#)

43 [Value on human life](#)

44 [Can an egoist be a martyr for others?](#)

45 [Animal rights](#)

46 [Ways of being complicit in society's evil](#)

47 [Lying and stealing](#)

48 [Gossip is a plague](#)

49 [Need for social regulation](#)

[Proper relationship of](#)

- 50 [Relationship of church and state](#)
- 51 [Value of education](#)
- 52 [Evils of marriage](#)
- 53 [How to have a happy love life](#)
- 54 [Erotica is harmless and to be enjoyed](#)
- 55 [Overview, pillars of atheism](#)
- 55a [Essentials of atheism](#)
- 56 [About Humanism](#)
- 57 [Humanism is not a religion](#)
- 58 [Atheists here are the rules if you want them!](#)
- 59 [Being an atheist in a religious world](#)
- 60 [Making friends for humanist atheism](#)
- 61 [Spread the good news of atheistic humanism](#)
- 62 [End goal of atheistic humanism](#)
- 63 [Theorems of atheistic humanism](#)