

**Gospel of
Atheism**

WHY THE AFTERLIFE CONCEPT IS UNHEALTHY

1 [Salvation by
atheism](#)

The doctrine of life after death is the big attraction in religion for religion cannot guarantee peace in this life as God has uses for depression and sickness. It is not God that religion is after though it says it is but getting the pie in the sky off him.

2 [What is self-
esteem?](#)

Many people do not believe in a life after death or are not sure if there is one and still they are reasonably happy and nice people. They show that all of us can do without the concept and just have to learn how to. It also shows that anybody who needs the idea of life after death is a bit emotionally unstable. It does no good to fear death. You should accept death for your own sake. Fear is behind hope of the afterlife therefore the belief is bad.

3 [Why is self-
esteem
important?](#)

4 [How to love
yourself](#)

We know that human life is absolutely valuable. It is more valuable if this life is thought to be the only one because if we die and live on then death isn't so serious. If human life is absolutely valuable then anything that reduces that importance is to be forbidden. Faith in an afterlife is therefore evil and if apparitions and miracles support that faith they are evil too and their evidence stands for nothing and their influence is a grave danger that must be fought by debunkers.

5 [You want to be
happy.](#)

6 [You can be
happy.](#)

7 [To love
yourself means
loving yourself
alone
ultimately.](#)

The notion that everlasting happiness lies beyond the grave certainly makes that life more important than this one and makes normal people feel the pain of being stuck here on earth while Heaven has all these everlasting goodies. To say life will not be any better after death means you can stop worrying about helping others now for you have all eternity to start or they have all eternity to find a way to look after themselves which is supposed be far better according to God believers for they grow in virtue. The believers will say that every moment is important so this is not true. But if it hurts too much to help others and you are going to live forever then why bother especially when you are most sure of your own reality as a person than you are of anything outside of you? To say the afterlife is worse than this one is to put terror into peoples' hearts so that their time here will be unpleasant.

8 [Fear is the
father of evil](#)

We should see value in our lives because there is no afterlife.

9 [Nobody makes
you unhappy.
but you](#)



10 [Let happiness
come](#)

11 [Be easy to
please](#)

12 [You just need
to see your
worth](#)

13 [Egoism is the
way to go!](#)

14 [Distracted
selfishness is
your salvation](#)

15 [See that you
are not a
sinner](#)

16 [Be your own
person](#)

PT 1 Only God

17 you need is
you!

PT 2 Only God

17a you need is
you!

18 You have a
will but it is
not free in the
religious sense

19 There is no
free will and
we don't really
want it

20 Belief in fate
is not really
that bad

21 Liberation and
guilt

22 Forgiveness in
the popular
sense is a
snare!

23 Hatred in a
spiritual
disguise

24 Probability not
possibility is
what counts

25 Using reason
correctly
means
protecting
yourself
correctly

26 There is no
God - be your
own God

27 Discard the
oppressive
God belief

28 Belief in God
undermines
your self-
regard

29 Don't condone
"God's" often
cruel plan

30 Religion is
harmful

[fantasy](#)

31 [Prayer is patronising](#)

32 [Harm of crediting revelation](#)

33 [Miracles are a toxic belief](#)

34 [Fast inner transformation for the atheist](#)

35 [Don't expect too much](#)

36 [Atheism in a positive way](#)

37 [Transforming your inner self](#)

38 [Feeling that life is meaningful](#)

39 [Mature optimism](#)

40 [Irresponsibility of the afterlife doctrine](#)

41 [Difference between right and wrong](#)

42 [Being fair](#)

43 [Value on human life](#)

44 [Can an egoist be a martyr for others?](#)

45 [Animal rights](#)

46 [Ways of being complicit in society's evil](#)

47 [Lying and stealing](#)

48 [Gossip is a plague](#)

49 [Need for social regulation](#)

[Proper relationship of](#)

- 50 [Relationship of church and state](#)
- 51 [Value of education](#)
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