

Gospel of Atheism

HOW TO LOVE YOURSELF

The First Principle of Self-love is to see that you want to be happy.

[Salvation by atheism](#)

The Second Principle of Self-love is to see that you can be happy.

[What is self-esteem?](#)

The Third Principle of Self-love is that love for yourself alone is only right and nothing else is possible and nothing else can cause you to be happy.

[Why is self-esteem important?](#)

The Fourth Principle of Self-love is seeing that fear of unhappiness is the cause of all human evil for you do evil for you think it is going to make you happy and fear is caused by ignorance. Because self-love or happiness is the root of all good fear, has to be the origin of evil as manifested by humankind.

[How to love yourself](#)

The Fifth Principle of Self-love is the recognition that you cause the fears you have and so only you can undo them and that nobody or nothing can make you unhappy unless you let them get them get to you.

[You want to be happy.](#)

The Sixth Principle of Self-love is not to try and force yourself to be happy or happier but to just let it happen and accept whatever amount of happiness you have. This avoids stress and fear which both increase unhappiness.

[You can be happy.](#)

[To love yourself](#)

The Seventh Principle of Self-love is that you must reduce your needs. Be easygoing.

[means loving yourself alone ultimately.](#)

The Eighth Principle of Self-love is that you must do good to yourself and others and that will break down the barriers inside your head and heart that prevent happiness in yourself from emerging but do it to see that you are good not to earn a sense of that you are good.

[Fear is the father of evil](#)

The Ninth Principle of Self-love is to see that you must do everything altruists say you must do but the only difference is to have respect for yourself. This way you manage to retain the benefits of altruism and improve it by putting in the best of egoism. Neither altruism or egoism is perfect but egoism is the best of the two.

[Nobody makes you unhappy but you](#)

[Let happiness come just pave the way and trust yourself](#)

The Tenth Principle of Self-love is that you will be happier when doing kind deeds, if you forget what is in it for you and this act of forgetting is itself an act of self-love. When you have problems no matter how small it always helps to get your mind off yourself by keeping busy. This is a selfish act for you seek the pleasure of forgetting about what bothers you.

[Be easy to please and life will be better](#)

The Eleventh Principle of Self-love is that you should never condemn yourself no matter what you do but believe that what wrong you do is not you but faults in the programming in you. This attitude will remove guilt gradually.

[You just need to see your worth](#)

The Twelfth Principle of Self-love is that you must not worry about what others think but just do good so that what bad things they think become insignificant. This involves the abandonment of the concept of a nosey God.

[Egoism is the way to go!](#)



[Distracted selfishness is your salvation](#)

[See that you are not a sinner](#)

[Be your own](#)

- 16 [Be your own person](#)
- 17 [Only God you need is you!](#)
- 18 [You have a will but it is not free in the religious sense](#)
- 19 [Proof that there is no free will and we don't really want it](#)
- 20 [Belief in fate is not really that bad](#)
- 21 [Liberation and guilt the gospel of atheism](#)
- 22 [Forgiveness in the popular sense is a snare!](#)
- 23 [Hatred in disguise the gospel of atheism overcomes it](#)
- 24 [The importance of evidence and why probability not possibility is what counts](#)
- 25 [Using reason correctly means protecting yourself correctly](#)
- 26 [There is no God - be your own God](#)
- 27 [Show the oppressive God belief the door!](#)
- 28 [Belief in God thrives on attacking your](#)

[self-regard](#)

[Why it is inhuman to condone God's often cruel plan](#)

[Religion is fanatical superstitious and therefore harmful](#)

[Why prayer offends against decency.](#)

[Why it is bad to believe in revelation](#)

[Miracles are a toxic belief](#)

[Fast inner transformation for the atheist](#)

[Don't expect too much](#)

[Affirming atheism in a positive way.](#)

[Humanist meditation - transforming your inner self](#)

[Feeling that life is meaningful](#)

[On optimism - the atheist and mature optimism](#)

[Why there is danger and irresponsibility in the afterlife doctrine](#)

[Telling the difference between right and wrong](#)

[Being fair](#)

[On value on human life.](#)

29

30

31

32

33

34

35

35

37

38

39

40

41

42

43

[human life](#)

44 [Can an egoist
be a martyr for
others?](#)

45 [Animal rights](#)

46 [Ways of being
complicit in
society's evil](#)

47 [Lying and
stealing](#)

48 [Gossip is a
plague](#)

49 [The need for
social
regulation](#)

50 [Proper
relationship of
church and
state](#)

51 [The value of
education](#)

52 [The evil of
marriage](#)

53 [How to have a
happy love life](#)

54 [Erotica is
harmless and
to be enjoyed](#)

55 [The bare
essentials of
atheism](#)

56 [About
Humanism](#)

57 [Humanism is
not a religion
or a faith
position](#)

58 [Atheists here
are the rules if
you want
them!](#)

59 [Being an
atheist or
humanist in a
religious
world](#)

60 [Making
friends for
humanist](#)

[humanist
atheism](#)

[How we must
spread the
good news of
atheistic
humanism](#)

[The end goal
of atheistic
humanism](#)

[Ultimate truth
- the theorems
of atheistic
humanism](#)