

**Gospel of
Atheism**

PRINCIPLE 2, YOU CAN BE HAPPY!

The Second Principle of Self-love is to see that you can be happy.

[Salvation by
atheism](#)

The natural state of every person is happiness. It is just that we let wrong thinking cloud our minds to this fact and warp our feelings and ideas to make us feel sad and angry and fearful.

[What is self-
esteem?](#)

The only exception would be people who suffer from a chemical disorder in the brain that prevents happiness. These people need medical help in unison with the secrets of happiness that Humanism offers. Nevertheless it is normal to be happy but if the disorder cannot be entirely cured they have to accept this for their own good. Nature does not always respect normality.

[Why is self-
esteem
important?](#)

Happiness is not found in any person or thing for it is innate and all you have to do is let yourself experience it. It is part of you. It is there for the taking because it is already there and is just suppressed. Only you can make yourself happy. Nobody and nothing can get you down unless you let them or it. Even when it is impossible to feel good this remains true because you learned the habits that made it impossible over time and it will take a lot of un-learning to be free.

[How to love
yourself](#)

[You want to be
happy.](#)

[You can be
happy.](#)

The proof that all you have to do to be happy is to decide to be is that when you find joy in God, people and things it is your judgement of them based on your intelligence, perception and your feelings that gives you the joy not them. It is just you using them for thrills. It is all you and about you. When it is all you to start with, it can be all you - period!

[To love
yourself
means loving
yourself alone
ultimately.](#)

It is important to know that the prize of happiness is inside you for it encourages you and shows that there is every reason to be hopeful of attaining happiness.

[Fear is the
father of evil](#)



[Nobody makes
you unhappy.
but you](#)

[Let happiness
come just pave
the way and
trust yourself](#)

[Be easy to
please and life
will be better](#)

[You just need
to see your
worth](#)

[Egoism is the
way to go!](#)

[Distracted
selfishness is
your salvation](#)

[See that you
are not a
sinner](#)

[Be your own](#)

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