

**Gospel of
Atheism**

DON'T EXPECT TOO MUCH

Do not expect other people to treat you well and you will not be disappointed or as hurt if they treat you badly. This is more than just good advice: it makes sense not to expect people to respect you when there are forces outside of each and every one of us that determine what way we are going to behave. Expecting good behaviour from them is not going to make them deliver what you expect but it empowers them to hurt you terribly and when deprived of that power they will be less likely to harm you and you will be spared much pain if they do.

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Where does trust come into all this? When you trust another you trust your own judgment of her or him and not her or him personally so you cannot trust another person. You trust your perception but you do not let yourself be shocked if your perception is proved wrong for it is just your perception. So you end up with all the advantages of you trusting them. It is easier to feel safer with others if you are a good person yourself who is happy to help others. A bad person cannot feel safe in the world because the person he or she knows best that is himself or herself is bad and that summons up the fear: "What if the people I deal with are as bad as me inside?"

When you cannot trust yourself to do right you cannot really trust other people even if you act as if you do so doing right is necessary for a good healthy self-image. You need to be happy with other people so you have to stop fearing them. Fear and mistrust are much the same thing so when you mistrust people or life it is because you have no faith in yourself. For example, if you say, "I will never work in an office again to go through all that bullying again," what you are really saying is that you cannot trust yourself to find a nicer job in an office and succeed in being friends with your co-workers. This is another proof that loving and trusting yourself most of all is the solution to all problems and is best for other people too not loving your neighbour as yourself. Trying to love and trust your neighbour as yourself will result in two things, failure and fear.

Look on the good side of everything and everyone. The badness in a person is only a small part of them. The badness is really just warped goodness. To help a bad person change is an exciting challenge. There is nothing to fear- all sorrow ends sometime. Every evil can be turned into an advantage.

person

17 Only God you
need is you!

18 You have a
will but it is
not free in the
religious sense

19 Proof that
there is no free
will and we
don't really
want it

20 Belief in fate
is not really
that bad

21 Liberation and
guilt the
gospel of
atheism

22 Forgiveness in
the popular
sense is a
snare!

23 Hatred in
disguise the
gospel of
atheism
overcomes it

24 The
importance of
evidence and
why
probability not
possibility is
what counts

25 Using reason
correctly
means
protecting
yourself
correctly

26 There is no
God - be your
own God

27 Show the
oppressive
God belief the
door!

28 Belief in God
thrives on
attacking your
self-regard

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