

**Gospel of
Atheism**

PRINCIPLE 1, YOU WANT TO BE HAPPY!

The First Principle of Self-love is to see that you want to be happy.

Some insist that we do not want to be happy because we torment ourselves over things we don't really need and we have to stop that and start wanting to be happy. The truth is we do want to be happy and that is why we run after things we think we need. Need means you require something in order to be happy. We need to be aware that we have had the bad habit of needing unimportant things for so long that our feelings block us from embracing real happiness easily.

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