

**Gospel of
Atheism**

PRINCIPLE 2, YOU CAN BE HAPPY!

The Second Principle of Self-love is to see that you can be happy.

The natural state of every person is happiness. It is just that we let wrong thinking cloud our minds to this fact and warp our feelings and ideas to make us feel sad and angry and fearful.

The only exception would be people who suffer from a chemical disorder in the brain that prevents happiness. These people need medical help in unison with the secrets of happiness that Humanism offers. Nevertheless it is normal to be happy but if the disorder cannot be entirely cured they have to accept this for their own good. Nature does not always respect normality.

Happiness is not found in any person or thing for it is innate and all you have to do is let yourself experience it. It is part of you. It is there for the taking because it is already there and is just suppressed. Only you can make yourself happy. Nobody and nothing can get you down unless you let them or it. Even when it is impossible to feel good this remains true because you learned the habits that made it impossible over time and it will take a lot of un-learning to be free.

The proof that all you have to do to be happy is to decide to be is that when you find joy in God, people and things it is your judgement of them based on your intelligence, perception and your feelings that gives you the joy not them. It is just you using them for thrills. It is all you and about you. When it is all you to start with, it can be all you - period!

It is important to know that the prize of happiness is inside you for it encourages you and shows that there is every reason to be hopeful of attaining happiness.

1 [Salvation by
atheism](#)

2 [What is self-
esteem?](#)

3 [Why is self-
esteem
important?](#)

4 [How to love
yourself](#)

5 [You want to be
happy.](#)

6 [You can be
happy.](#)

7 [To love
yourself
means loving
yourself alone
ultimately.](#)

8 [Fear is the
father of evil](#)

9 [Nobody makes
you unhappy.
but you](#)

10 [Let happiness
come just pave
the way and
trust yourself](#)

11 [Be easy to
please and life
will be better](#)

12 [You just need
to see your
worth](#)

13 [Egoism is the
way to go!](#)

14 [Distracted
selfishness is
your salvation](#)

15 [See that you
are not a
sinner](#)

16 [Be your own
person](#)

17 [Only God you need is you!](#)

18 [You have a will but it is not free in the religious sense](#)

19 [Proof that there is no free will and we don't really want it](#)

20 [Belief in fate is not really that bad](#)

21 [Liberation and guilt the gospel of atheism](#)

22 [Forgiveness in the popular sense is a snare!](#)

23 [Hatred in disguise the gospel of atheism overcomes it](#)

24 [The importance of evidence and why probability not possibility is what counts](#)

25 [Using reason correctly means protecting yourself correctly](#)

26 [There is no God - be your own God](#)

27 [Show the oppressive God belief the door!](#)

28 [Belief in God thrives on attacking your self-regard](#)

[Why it is](#)

29 [inhuman to condone God's often cruel plan](#)

30 [Religion is fanatical superstitious and therefore harmful](#)

31 [Why prayer offends against decency.](#)

32 [Why it is bad to believe in revelation](#)

33 [Miracles are a toxic belief](#)

34 [Fast inner transformation for the atheist](#)

35 [Don't expect too much](#)

35 [Affirming atheism in a positive way.](#)

37 [Humanist meditation - transforming your inner self](#)

38 [Feeling that life is meaningful](#)

39 [On optimism - the atheist and mature optimism](#)

40 [Why there is danger and irresponsibility in the afterlife doctrine](#)

41 [Telling the difference between right and wrong](#)

42 [Being fair](#)

43 [On value on human life](#)

[Can an egoist](#)

44 [be a martyr for others?](#)

45 [Animal rights](#)

46 [Ways of being complicit in society's evil](#)

47 [Lying and stealing](#)

48 [Gossip is a plague](#)

49 [The need for social regulation](#)

50 [Proper relationship of church and state](#)

51 [The value of education](#)

52 [The evil of marriage](#)

53 [How to have a happy love life](#)

54 [Erotica is harmless and to be enjoyed](#)

55 [The bare essentials of atheism](#)

56 [About Humanism](#)

57 [Humanism is not a religion or a faith position](#)

58 [Atheists here are the rules if you want them!](#)

59 [Being an atheist or humanist in a religious world](#)

60 [Making friends for humanist atheism](#)

[How we must
spread the
good news of
atheistic
humanism](#)

[The end goal
of atheistic
humanism](#)

[Ultimate truth
- the theorems
of atheistic
humanism](#)