

Hostile Request to be released from Catholic Church

Declaration of Defection from
the Roman Catholic Church
(Actus formalis defectionis ab Ecclesia catholica)

Name:

Address:

Father's Name:

Mother's Name:

Date of Birth:

Date of Baptism:

Diocese of Birth:

Parish of Baptism:

I _____
do hereby give formal notice of my defection from the Roman Catholic Church. I want it to be known that I no longer wish
to be regarded as a member of the Roman Catholic Church.

I am writing to request removal of my name as a member of the Roman Catholic Church and request that I be recognised
having formally defected from the Church. Under Canon Law, (canons 1086, § 1, 1117 and 1124) I can leave the Church by
formal defection and this I intend to do.

I state I wish to fulfil the following rules for formal defection:

"For the abandonment of the Catholic Church to be validly configured as a true actus formalis defectionis ab Ecclesia so
that the exceptions foreseen in the previously mentioned canons would apply, it is necessary that there concretely be:

- a) the internal decision to leave the Catholic Church;
- b) the realization and external manifestation of that decision; and
- c) the reception of that decision by the competent ecclesiastical authority.

It is required, moreover, that the act be manifested by the interested party in written form, before the competent authority of
the Catholic Church: the Ordinary or proper pastor, who is uniquely qualified to make the judgment concerning the
existence or non-existence of the act of the will".

This notification was approved by the Supreme Pontiff, Benedict XVI, who directed that it be transmitted to all Presidents
of Episcopal Conferences PONTIFICAL COUNCIL FOR LEGISLATIVE TEXTS.

I further declare that I am aware of the consequences of this act regarding the reception of the sacraments of the Church,
including the sacraments of the Eucharist, marriage and the sick and also with regard to burial.

I undertake to make my decision to leave the Church known to my next of kin and to ensure that they are aware of these
circumstances in the case of my being incapacitated.

I acknowledge that I make this declaration under solemn oath, being of sound mind and body, and in the presence of a

witness who can testify as to the validity of this document.

I know it is not fair to myself or to the Church to let myself continue be registered as a member when in fact that is not what I am.

I wish to formally defect because I know in my heart that I am not a Catholic and I refuse to be listed as one.

I wish "Formally Defected" to be written in my baptismal register.

May I remind you that you teach that the Church is a bond between the Church in Heaven, Purgatory and Earth - you call this the communion or unity of saints? You do not believe that the baptised people who are in Hell are members of the Church any more. You simply say they have the mark that they were baptised but the initiation into the Church has been broken and ended. You teach that though the mark cannot be effaced, the initiation can. I intend to efface the initiation and I do this freely and with full consent and knowledge. Until you have proof that I am marked I do not believe I am marked.

I wish my friends and family in the Roman Catholic Church to know that I am leaving not because of people or personalities, or "sin" on my part, but solely because I have come to the conclusion, after a suitable period of study and experience, that the Roman Catholic Church is not as it claims to be, "the only true church of Jesus Christ." The Church is wrong but where are the bishops and theologians who have the honesty to admit it? They do not exist. That is not the mark of a seeking and honest religion.

I have learned that the Roman Catholic Church engages in a continuing campaign to redact, rationalise, revise, manipulate and delete embarrassing details of Catholic history which, if known, tell a different, but more truthful story of the true origins and nature of the church.

You make us look forward to Heaven and urge us to prefer it to this life. Yet if there are people in Hell suffering forever that should torment us in Heaven. You say that in Heaven we do not hate the damned but we are indifferent and just don't care. The person who does not care what happens to you is worse than the person who hates you. Your faith is evil.

You now say that the damned are in Hell against the will of God and stay there because they won't repent. In other words, they can repent but don't and won't. This doctrine is not in your Bible. It denies the justice of your God. Indeed, the Bible always says that it is God who sends to Hell and Jesus speaks as a judge, "Depart from me Ye cursed into the eternal fire prepared for the Devil and his angels. These shall depart into eternal punishment." If Hell is only for those who stubbornly refuse to go to Heaven and who won't leave Hell then Jesus wouldn't be speaking in such terms. It would mean that Hell is not punishment. A God who lets evil people enjoy Heaven forever is no better than one who does not punish but who can't do anything about people who don't want him. You know fine well the apostle Paul wrote with approval that God said that vengeance God's and God will repay. You don't have the honesty to preach this vengeful God any more and yet you claim your Bible is the word of God and he is the author. Your misrepresenting of Catholic doctrine is a trick to ply the unsuspecting.

You disapprove of child sexual abuse yes but when you teach lies and evil doctrines this disapproval counts for nothing. People are not going to take it seriously. You wouldn't have the right to expect your disapproval to dissuade any priest from indulging any sexual desires towards children that he might have.

The person who does a lot of good for others and who does it because he or she enjoys it and not for the others sake is an egoist - he or she is only doing it for herself though others benefit. But if we are honest, this does not bother us. We don't like people helping us when they take no pleasure in it. Also, one can be flattered if one's lover has a fit of jealousy though jealousy is egoistic and a vice. Your faith says a person being egoistic should trouble us for he or she is really loving himself or herself only and not loving the neighbour. Your faith sees it as the sin of pride or independence from God. The people are deceived when they think that belief in God is important and needed for human welfare.

Psychology says the healthy person is a mixture of selflessness and selfishness. On the contrary, Christianity urges us to believe that we must put God before ourselves and sacrifice for him and be wholly unselfish.

Psychology says that we must love ourselves first of all. This sound commonsense. If I don't know how to respect myself I can't respect other people. If I don't respect myself, I can't think I am of value to others so I won't help them. Christianity says it should start with loving God with all your heart. It doesn't start with you or other people but only God. This clearly is putting faith before people. The big ingredient of fanaticism is there.

If you do something for another that means you do it for them and not yourself at all. For example, you must not do it to honour yourself by doing altruistic acts.

To always treat others as I would like them to be treated means I have to put how I like to be treated first and treat them accordingly. Behind this is the thought: I like people to do such and such to me or for me. I must support this principle and help others because it helped me."

You speak of how human life is so valuable that an abortion should not be performed even to save the mother to be's life. Yet you kiss and caress Old Testament scriptures in which stoning homosexuals and adulterers to death is commanded by God. Jesus said that the Old Testament was written by God though he wrote it through men. Jesus himself said in John 6 that the only reason the adulteress he saved from stoning should not be stoned was that her accusers were adulterous themselves. The New Testament speaks of sinners being handed over to Satan by the apostles in the name of Jesus for sickness and destruction meaning they were being put to death supernaturally.

You believe like the Muslims that God's people have the right to take up arms when a nation tries to destroy God's religion by destroying his people. If you fail to hate your enemy you will not make a good soldier. You would need to feel good that you are killing for God. You would need to be patted on the back for killing. You would need to deny the value of human life by failing to be devastated when you have to kill someone.

Hate sin and love sinner means you have to be devastated when you do it.

The Church waged wars in the past in the belief that false religion had to be eradicated to stop it leading people into Hell.

You say your commandments are meant to guide and help us to live happily. If so, then why do they need to be commandments? Why not guidelines?

You cannot tell us why it is God's business how we behave. He is perfect and happy and so he has no needs. He cannot have any rights for rights are based on needs. He has no need and therefore no right to command us. Your religion with its rules and laws is man-made.

You teach that a wafer blessed by a priest is really a human person, Jesus Christ. Thus the wafer is more precious and important than a baby in a cot. Faith before people.

You say that by being baptised and confirmed in the Roman faith that I have taken upon myself the legal obligation to believe and obey the Church. I renounce those obligations by this act of formal defection. If I don't then I am a wicked disobedient person. So I honour myself by making them cease to apply to me. I do the decent thing.

I am obligated by the Commandments of the Church to pay for the support of the Church and its pastors. I am threatened by your God with Hell should I wilfully fail to cough up. I will not be intimidated. I am not under that obligation as I am not a Catholic. My parents had no right to impose that sinister obligation on me by taking me for baptism which allegedly confers it.

The apostle said that if you don't love people you see you can't love the God you cannot see (1 John). He meant that if you sense other beings you should love them and if you don't, then by implication you are giving even less love to God for you cannot see or sense him.

To make such serious claims to a child such as that there is a God looking after them, that Jesus saves them from sin and Hell and that a wafer is really Jesus is a form of abuse - plain and simple.

Idolatry is degrading because it is somebody worshipping a thing. The idol worshippers when they were told that said, "But these images are somehow gods. It is not the images we worship but the gods in them." Catholics say, "We worship the communion wafer. This is not idolatry because it really is God." This is just a dishonest attempt to avoid the truth.

Your command that we love God above all things and even above the lives of our loved ones is cruel and it can only appeal to a heart that at least secretly nurtures violent thoughts and attractions. It is the heart that exalts belief above people.

All religion is man-made. Catholics worship the creations of men. They worship the idols men invent. Even if you follow the utterances of Jesus to some visionary you are really listening to the visionary not her. It is the visionary you exalt. If apparitions really happen, then some unknown faculty of the human mind is causing them. The vision is caused by something inside the person.

You say that God made all things out of nothing. There are two more options. Maybe everything always existed? Maybe it popped out of nothing?

God cannot make anything out of nothing for nothing is nothing. It is not a material from which things can be made. There is no making. So either all things always existed or they popped out of nothing. Something popping out of nothing sounds silly enough but it is worse to pretend that this is making. So there is no room for God in this. Whether creation came from nothing or always existed there is no need for a creator.

You make the apparition of Knock optional for belief though it is more credible than the New Testament testimony to the resurrection of Jesus Christ. At least with Knock we have the detailed accounts of eyewitnesses.

The evidence is not perfect but it is a damn sight better than what the New Testament has to offer as evidence.

You make the resurrection of Jesus Christ the centre of your faith. But this makes no sense. We have no clear first hand testimonies that Jesus rose. The witnesses never even went through a process of questioning. We do for other miracle claims - such as that something appeared at Fatima in 1917 - and you consider those of less importance and even optional for belief.

Indeed it is obvious from the gospels that Jesus Christ disapproved of investigations. He claimed he did exorcisms and healings and ordered the people to recognise them as signs but made no effort to consult with physicians or professionals. It would have been very easy to get them to approve the events as miracles. It was a pre-scientific age. But his not deploying them implies that you must accept people's word for it if a miracle has been reported. Imagine the chaos and trouble that would lead to! Didn't the Inquisition think that if an accused heretic held burning coals and didn't burn that he was innocent and guilty if he got burned? That is what the miracle mentality does.

Jesus proclaimed his resurrection as the one sure sign that he was from God. He did these miracles before the resurrection. This underlines the fact that he did not allow investigation. You make it a law that miracles and apparitions should be investigated when they are popularly believed. But you only investigate them and declare them "worthy of belief" if their doctrines agree with the doctrines of the Church and the bishops. So any miracle that contradicts your faith you ignore it. Then you dare to say that there are signs and wonders verifying the Catholic faith! You are sifting the evidence. You are making up your mind before looking at the evidence. You are dishonest. Your signs and wonders do not encourage virtue in you. No good God would demean himself to perform such works.

You have the dishonesty to claim that most apparitions of the Virgin Mary should not be recognised as really from God yet you say that in most cases the visionaries are really seeing something.

The Christians have always been told to renounce the world and the flesh and the devil. I embrace the world. I am a secularist.

I was taken advantage of as a child because my parents feared the teaching of the Church. You gave them a God who threatened them with damnation or ill-luck should they neglect to get me baptised.

The Church says that babies that die after being baptised are guaranteed to go to Heaven. If so, would it not be wiser to kill them than to let them live so that there is no chance of them ever going to Hell? Could you not say that though killing is a sin, you have no choice for death is better than damnation. So its not a sin when you have no choice. My parents did not genuinely love me - they only thought they did - when they let me live after getting me baptised.

The Church cannot deny that if killing was not a sin, it would be a great thing to slay all baptised infants. Their teaching implies that it is a pity killing is a sin.

Your scriptures forbid praying for one who you see committing mortal sin (1 John). This sin is taken to be final impenitence and it contradicts the lie you now tell that if somebody dies cursing God their soul might not have gone yet so they might still repent. You don't want psychiatrists and the police after you for destroying the relatives of suicide victims by damning their loved ones to Hell.

You say that sinners must be encouraged to see their own goodness and rise above the sin. This contradicts the apostle who wrote that he who hates does not have the love of God in his heart. This is very black and white. It denies that the person who hates another can really love God and would indicate that if the person prays and fasts and preaches regularly he or she is still a fake. He or she would no doubt believe in his or her virtue and thinking that he or she is a good enough though imperfect person despite the hating.

Your insistence that people must frequently pray, "Forgive us our trespasses as we forgive those who trespass against us" is horrible. The doctrine of your Jesus that God will not forgive you unless you forgive all offences against you is simply a sanctification of bullying of the worst sort. It is not failure to forgive that hurts people significantly but failure to forgive when the pressure of holding grudges gets too much, failure to forgive people you need and love. If you have too many people you are against you need to forgive some of them. We all bear our own imperfections. A little bit of unforgiving can keep life interesting. Jesus' doctrine is not about concern for you but for God. Its bullying.

I am not going to be a hypocrite and start focusing on what people call the best side of the religion and ignore the dark side. A religion that has an evil side is not from a loving God and it is mocking God and supporting man-made religion to keep the focus on the good side. The Nazis had a good side too and to ignore the bad side and to dwell on the good is to deride their victims. Evil cannot thrive or function unless it does some good. The good is to be criticised as manipulation and

mouse-baiting. It is not to be praised.

Your faith makes a laughing stock of morality. Thus you cannot blame the child abuse scandal on a few bad eggs. The whole system is polluted.

Extraordinary claims demand extraordinary evidence. Where is the evidence that God loves the baby that dies screaming after a slow and agonising illness? Where is the evidence that babies come into the world without God in their hearts for they have original sin? Where is the evidence that sinners go to Hell forever? Where is the evidence that miracles are not magic? Where is the unbiased evidence that miracles happen?

You pretend that no matter how much evil engulfs the world that people should still believe God loves them and believe he cares and pray. Why think of God that way? Why can't one not think of one's abusive husband that way? Like it or not, you are trying to exploit the vulnerable.

If you believe God loves you despite the seemingly cruel way he treats you, and you don't have sensible evidence for this belief, then you are practicing self-delusion. The gospel preachers are trying to make you sick. Christianity is a religion that gives its victims the minds of battered wives who can't see they must leave the brutes they call their husbands.

You condone and fail to correct those who argue that if a devout Catholic pro-life activist goes and shoots an abortion doctor dead that the killer should get away with it or at least be able to build a defence of voluntary manslaughter. A voluntary manslaughter would be when you have an unreasonable but honest belief that deadly force to stop someone is justified. The secularist can say that it is unreasonable to believe that you are saving babies lives by killing the doctors because the embryos are not babies yet. The religionist will have to say that it would be reasonable. If the religionist says it is unreasonable then it will have to be for other reasons.

It is kinder to believe that death is the end than to believe that anybody could go to Hell forever. If you live a harmless life but don't believe in morality as such you would be amoral. You cannot go to Hell if you don't believe in morality or in sin. Whoever teaches about sin is populating Hell.

You do not have to be a sinner to be an evil person. The person who really believes that it is right to murder say Presbyterians does not sin but is still evil. The Catholic Church is still objectively bad even if its intentions are for the best.

You have a bad influence on civil law.

You can have a family without marriage. The state protecting the family does not necessarily imply the state should care about marriage.

You declare the family based on marriage to be the unit of society. You don't believe any such thing for if men died after having sex five times you would still be teaching that they should marry though they will be leaving wives with children. Marriage is not your business or the states. It is solely between the husband and wife. It is only the contract element which involves property rights that may be the concern of the courts. The state knows marriage is none of its affair when it lets husbands and wives separate at will and get new partners and practice open marriage.

You are liberal with declarations of nullity to annul marriages. When are you going to declare that many priests are not ordained in reality even though they went through the ordination ceremony? Where are their decrees of nullity relating to their "ordinations"?

Men who become priests because they want to help others or because they like the idea of enjoying a relationship with God are breaking the law of God that we must choose to love God whether we feel like it or not and be willing to love him if it meant committing some awful eternal sacrifice. They are out of sync with authentic Catholicism.

You have the arrogance to believe that even when you die, you will live on for God loves you too much to let you go out of existence. But if God destroys a person to replace that person with another one then this argument is incorrect. You really mean that you are too great to be put out of existence.

There is no excuse for a priest teaching a gospel that is untrue for access to the truth has never been better thanks to the Internet etc. There is less excuse for him misleading others. The points in this communication are well-known particularly among scholars and atheists and sceptics and yet you listen to them and ignore them. You oppose the truth by closing your hearts and minds.

Let me know by letter that I have been removed from membership and have been declared to have formally defected. I want a simple declaration that this has been done. I don't want arrogant patronising assertions like "we regret you have taken this course" etc. I don't regret it for your religion is a travesty of logic and decency and so please do not insinuate that

I am doing something regrettable. To leave a false religion is not regrettable.

I know my own mind and will not welcome visits to my home by priests or religious or other who wish to get me back. I especially will not welcome attempts to convert me to Catholicism on my deathbed.

Yours faithfully

Signed _____